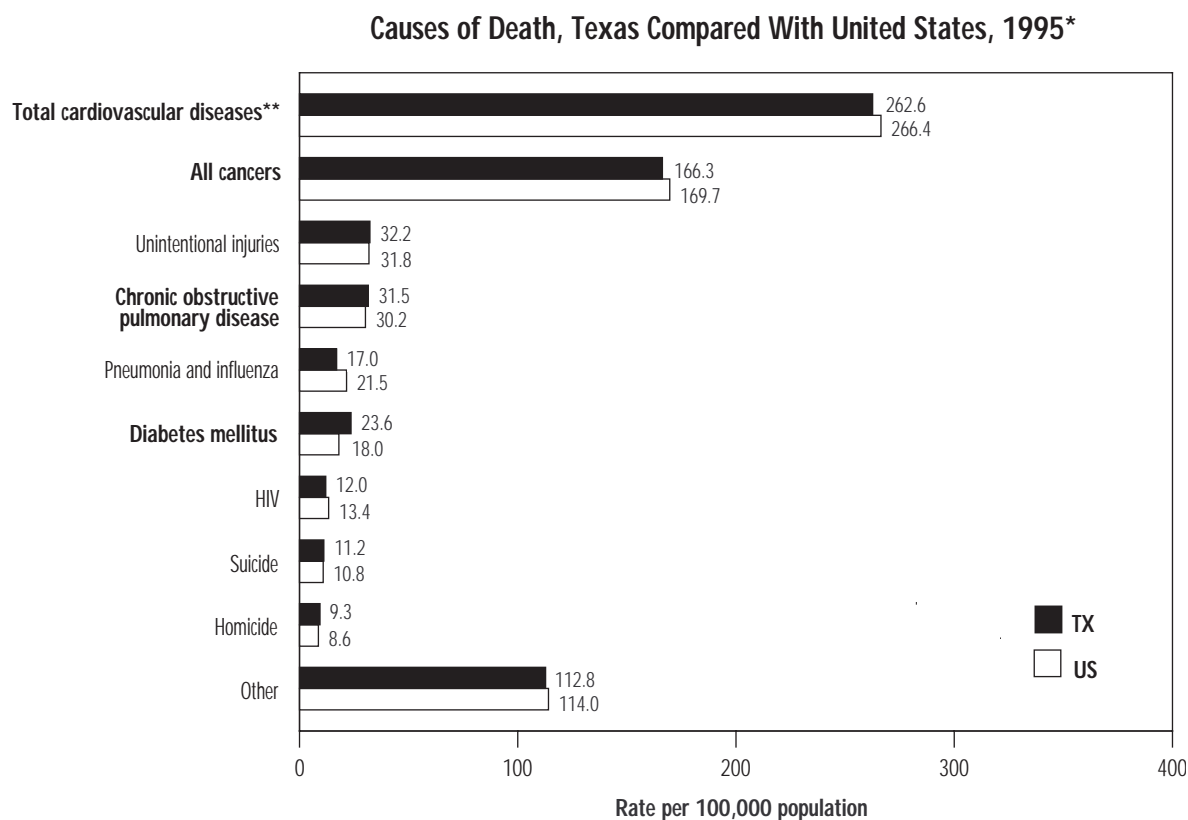


Texas: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Texas, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is fifth.
- In 1995, 71% of all deaths in Texas were due to the four most common chronic disease causes of death.
- The death rates for chronic obstructive pulmonary disease and diabetes were higher in Texas than in the United States; the death rates for total cardiovascular diseases and all cancers were lower.



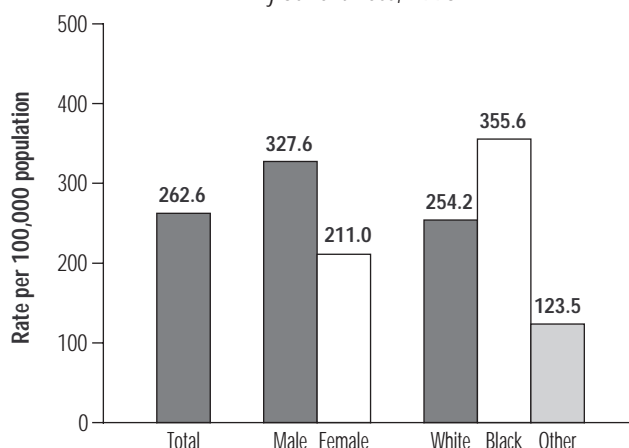
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (131.1 per 100,000 in Texas and 135.2 per 100,000 in the United States) and rates of death due to stroke (45.0 per 100,000 in Texas and 42.5 per 100,000 in the United States).

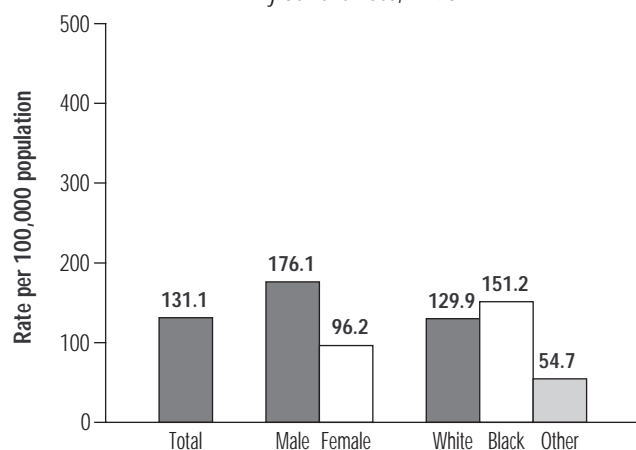
Texas: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Texas, accounting for 39% of all deaths.
- Ischemic heart disease accounted for 50% of all cardiovascular disease deaths in Texas in 1995; 27,101 people in Texas died of ischemic heart disease.
- In 1995, 9,802 people in Texas died of stroke.

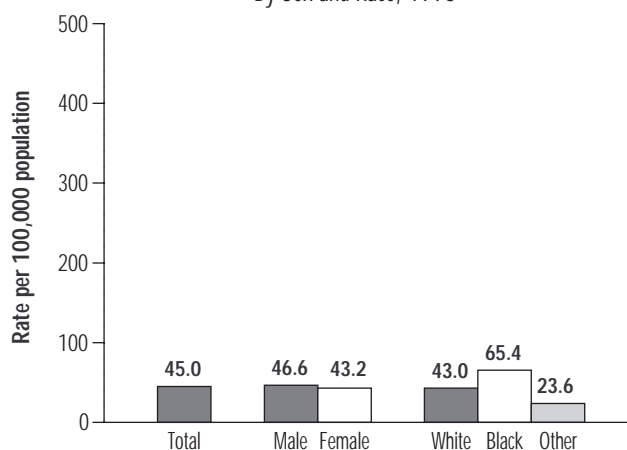
Texas: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



Texas: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



Texas: Stroke Death Rates
By Sex and Race, 1995



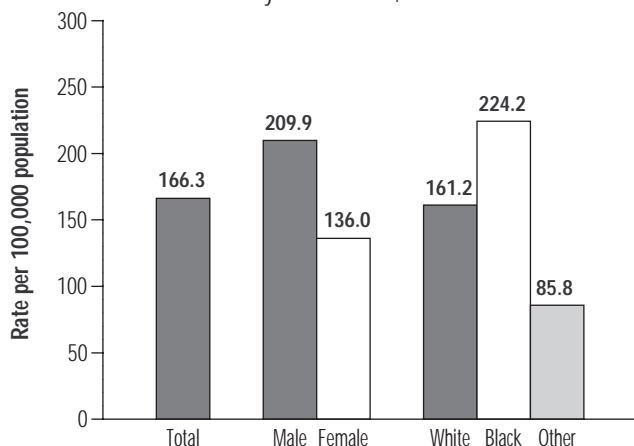
Note: All data are age adjusted, 1970 total U.S. population.

Texas: Cancer

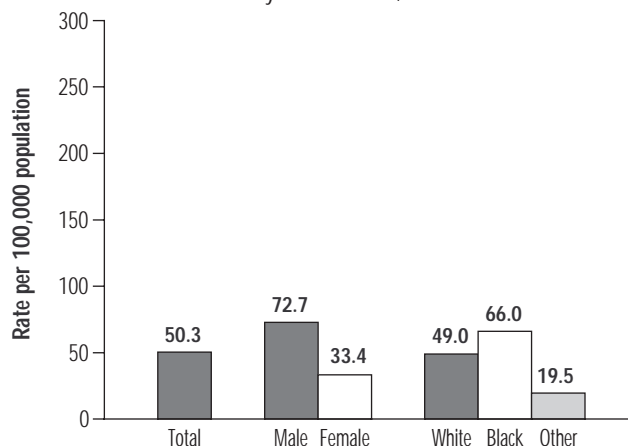
- Cancer accounted for 25% of all deaths in Texas in 1995; 31,621 people in Texas died of cancer
- In Texas in 1995, 9,197 people died of lung cancer, 3,133 people died of colorectal cancer, and 2,497 women died of breast cancer.

- The American Cancer Society estimates that 12,000 new cases of lung cancer, 8,500 new cases of colorectal cancer, and 11,500 new cases of breast cancer will be diagnosed in Texas in 1997.

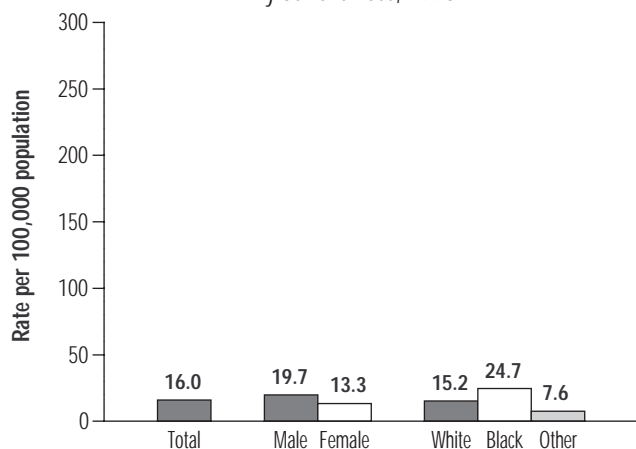
Texas: All Cancer Death Rates
By Sex and Race, 1995



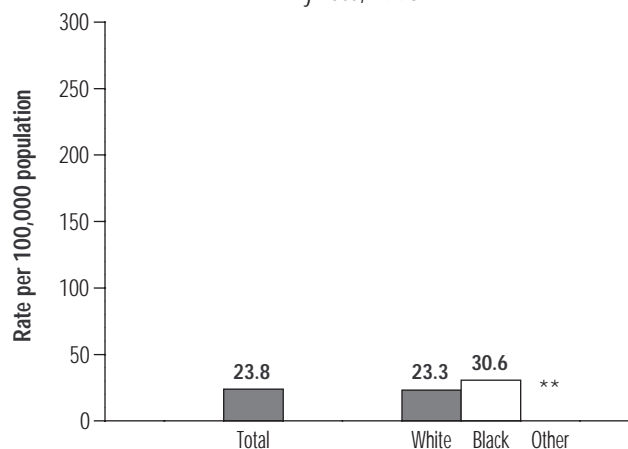
Texas: Lung Cancer Death Rates
By Sex and Race, 1995



Texas: Colorectal Cancer Death Rates
By Sex and Race, 1995



Texas: Breast Cancer Death Rates Among Women
By Race, 1995

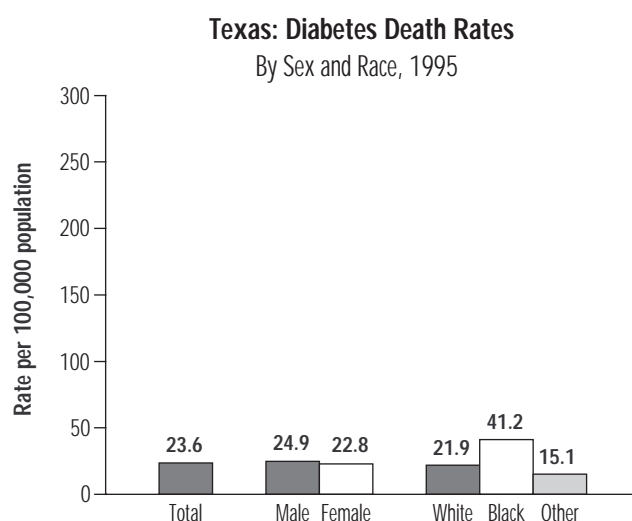


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Texas: Diabetes

- In 1994, 665,953 adults in Texas had diagnosed diabetes.
- Diabetes was the underlying cause of 4,576 deaths in Texas in 1995.
- In 1993, diabetes was the most common contributing cause of 1,691 new cases of end-stage kidney disease in Texas.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

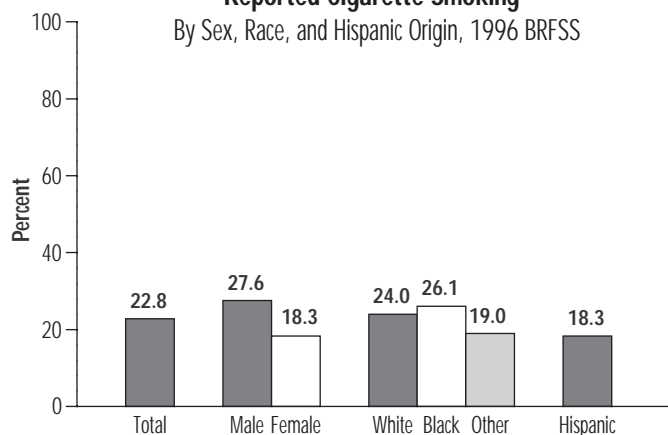


Note: All data are age adjusted, 1970 total U.S. population.

Texas: Risk Factors

Texas: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Ever smoked at least 100 cigarettes and now smoke every day or some days.

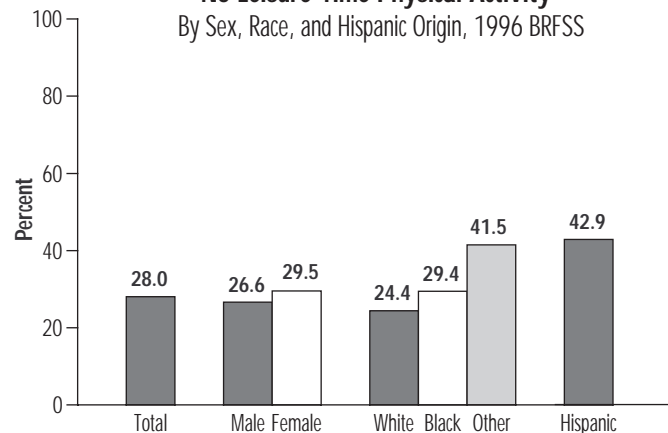
Texas: Percentage of High School Students Who Reported Cigarette Smoking*

By Sex, 1995 YRBSS

YRBSS data not available

Texas: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

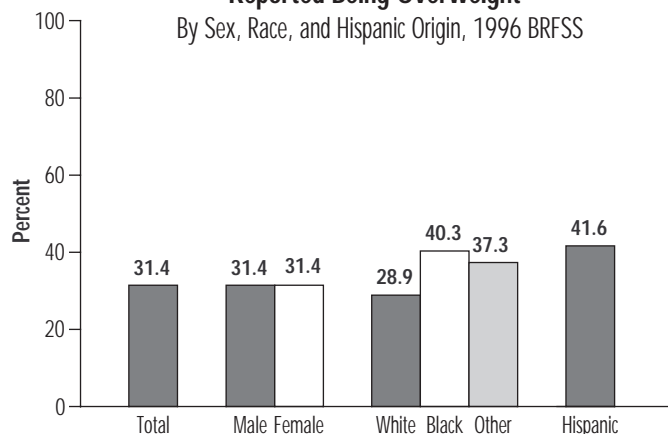
Texas: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS

YRBSS data not available

Texas: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



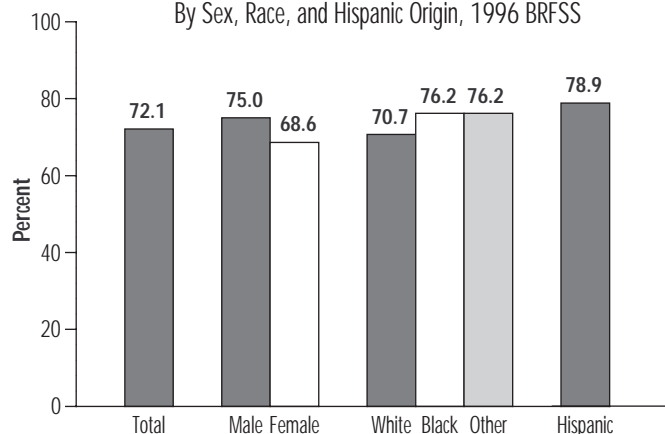
*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

Texas: Risk Factors

Texas: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Texas: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey

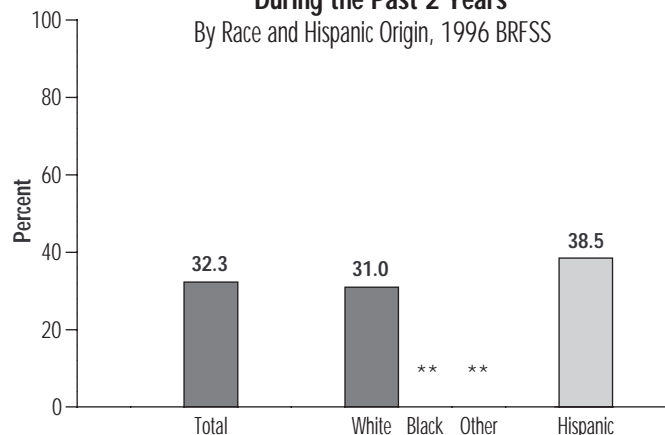
By Sex, 1995 YRBSS

YRBSS data not available

Texas: Preventive Services

Texas: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years

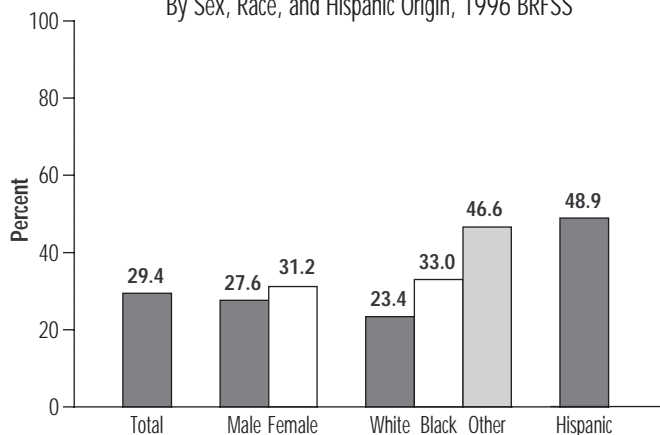
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Texas: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.